



# LUNCH MENU

## WEEK OF APRIL 13th



ST. HILDA'S & ST. HUGH'S

a hands-on approach to fresh food

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Easter Break School Closed	Minestrone	Chicken Tortilla	Corn Chowder	quinoa and Vegetable
ENTRÉE		Farfalle Pasta with Marinara Sauce	Black Bean and Sweet Potato Enchiladas	Baked Salmon with Horseradish Dill Cream	Scrambled Eggs
ENTRÉE		Fregola Spring Vegetables Ricotta	Steak Fajitas	Crispy Tofu Soy Glazed	French Toast with Strawberry Syrup
ACCOMPANIMENT		Garlic Bread	Sautéed String Beans	Sautéed Broccoli	Hash Browns
ACCOMPANIMENT		Grilled Zucchini with Shaved	Peppers , Onions, Salsa, Lettuce, Black Beans, Pinto Beans, Cilantro	Crispy Sea Salt Vinegar	Turkey Bacon
			<b>ITEMS LISTED BELOW ARE OFFERED DAILY, BASED ON SEASONAL AVAILABILITY</b>		
MAKE YOUR OWN	SANDWICH	Ciabatta Roll Club Roll Whole Wheat Bread Gluten Free Bread	Turkey • Ham • Grilled Chicken • Tuna		
	SALAD	Romaine • Boston Arugula • Escarole	American • Provolone • Cheddar • Mozzarella • Condiments • Hot Sauce		
COMPOSED SALADS		Protein Salad Grain Salad Vegetable Salad	Lettuce • Tomato • Pickled Onion • Roasted Vegetables • Carrots Beans • Celery • Cucumbers • Hard Boiled Eggs • Cheeses		
			Balsamic Vinaigrette • Apple Cider Vinaigrette • Caesar Dressing CTY - LREI Pepper Sauce • Oil & Vinegar		
BEVERAGES			<b>Our Salads are Seasonally Based and Change Daily</b>		
DESSERTS			Homemade Aqua Fresca • Flavored Waters Reduced Fat Milk from Battenkill Valley Creamery		
			Fruit Salad • Whole Fruit • Homemade Dessert		